

Detailed Itinerary

Day 1: Kathmandu Arrival (1,400m)

Welcome to Nepal, the land of Himalayas. Pick up from the Tribhuvan International Airport by our representative and transfer to your hotel at Thamel. A pre-trip meeting will be held at the hotel lobby. Q & A, due settlement, insurance documents and all other formalities will be during the meeting. After that you will get free time to explore and purchase gears. Also try out local food/snacks Momo(dumpling), Newari Cuisine, Tibetan Cuisine, etc around Kathmandu while exploring the city.

Max Altitude	Drive Duration	
Kathmandu (1,400 m / 4,593 ft)	30-45 Minutes	

Note:

During briefing, your insurance policy will be reviewed and due payment is settled. A document of non liability disclaimer for the trip will be provided for you to sign. A 3 star hotel in Kathmandu and Pokhara is provided in this package, with some additional charge hotel upgrades can be arranged, pre-information on upgrading hotel should be provided before arriving or while booking the trip.

Day 2: Flight From Kathmandu to Pokhara, Drive to Jhinu Danda and Trek to Chhomrong (2,170m)

Today your guide will meet you early in the morning at your hotel, you will pack up your gears in the company-provided duffel bag and leave for the hotel in a private vehicle. After checking in at the airport you will board a propeller plane(popular in domestic flight) to Pokhara, the lakeside city. On air you will get to see the incredible high mountains of the Himalayas right next to you.

Upon reaching Pokhara you will take a bus ride to Jhinu Danda along the winding roads famous in the Himalayas alongside the rivers flowing against you. Drive location may differ depending on the road condition. Upon reaching Jhinu Danda you will start trekking the forest covered trails to reach the Chhomrong village.

Max Altitude	Trek Duration	Drive Duration	Flight Duration
Chomrong (2,170 m/7 ,119 ft)	3-4 Hour	2-3 hours	25-30 Minutes
Meals			
Breakfast, Lunch & Dinner			

Day 3: Guided Trek Chhomrong to Himalaya (2,920m)

Today will be a long walk going deep into the high altitude terrain. Navigating through the rugged main trail of ABC trek. Pushing past the tree line and vegetation into the alpine zone gaining ultimate height today settling in at elevation of 2920m above sea level. Today you will see noticeable change in terrain from the Chhomrong to reach Himalaya.

Max Altitude	Trek Duration	Meals	
Himalaya (2,920m/ 9,580 ft)	7-8 hour	Breakfast, Lunch & Dinner	

Day 4: Guided Trek Himalaya to Annapurna Base Camp (4,130m)

You will reach the goal of the trip today reaching the Annapurna Base Camp. Trekking starts early in the morning as you begin to ascend the rugged trails, forest and tree line quickly fade to a broad and open grassy land. Crossing the tree line you will get to the mountainous snow covered path as you reach the ABC. Annapurna Base Camp (ABC), sitting at an elevation of 4,130 meters above sea level. The hike takes approximately 6 to 7 hours to complete.

Max Altitude	Trek Duration	Meals	
Annapurna Base Camp (4130m/13545ft)	6-7 hour	Breakfast, Lunch & Dinner	

Day 5: Guided Trek Annapurna Base Camp to Bamboo (2,310m)

Today you will get up early in the morning to get a sunrise view from the closest viewing point in ABC. Soaking in the views of panoramic mountain ranges you will start the descent today on the same route. Passing Himalaya on your way back you will start to find alpine trees and bamboo forests. As you continue to descend the trees get denser and lush greenery returns as you will be dropping to 2310m upon arriving in Bamboo. Descend will be easier as you will return to the lower elevation.

Altitude	Trek Duration	Meals	
Bamboo (2,310 m / 7,578 ft)	6-7 hour	Breakfast, Lunch & Dinner	

Day 6: Guided Trek Bamboo to Jhinu Dada and drive to Pokhara (822m)

Today, the final day of your walking journey, you will quickly descend back to Jhinu Danda through the same route enjoying the views of the incredible Annapurna region. Enjoying the route back and maintaining the pace you will climb back down to reach the Jhinu Danda.

Upon reaching the Jhinu Danda you will get on the Jeep that will take 2 to 3 hours to reach Pokhara. The rest of the day will be free for you to roam around the city and relax on the lakeside after the long walking journey.

Altitude	Trek Duration	Drive Duration	Meals
Pokhara (822 m / 2,697 ft)	4-5 hour	2-3 Hour	Breakfast & Lunch

Day 7: Flight back to Kathmandu and back up day.

Today you will take a scenic mountain flight back to Kathmandu. Your guide will take you to the airport according to your flight schedule. On arriving at the airport you will take the similar prop plane back to Kathmandu. Upon arriving at Kathmandu you will be transferred to your hotel, later on the day a celebratory dinner will be organised by our company and a certificate of trek completion will be presented to you.

Altitude	Flight Duration	Meals	
Kathmandu (1,400 m / 4,593 ft)	25-30 Minutes	Breakfast & Dinner	

Day 8: Fly Back

Today marks the official end of your journey as you will be heading back home or to your next destination. According to your flight schedule our representative will drop you off at the airport. Do remember to share your departure schedule with our drop off team.

Hope your journey goes well and have a safe journey.

Altitude	Drive Duration	Meals	
Kathmandu (1,400m/ / 4,593 ft)	30-45 minutes	Breakfast	