

Detailed Itinerary

Day 1: Drive from Kathmandu to Birethanti and Trek to Tikhedhunga (1,540m)

Starting this adventure with a long transit from Kathmandu to Birethanti early in the morning, your guide will meet you at the hotel and guide you to the bus station. The road winds along the rushing Trishuli and Marsyangdi rivers against you, offering beautiful views of terraced hillsides. The drive from Kathmandu to Birethanti via Pokhara covers approximately 230 km and typically takes 8 hours depending on highway traffic and road conditions.

Once you arrive at Birethanti you will equip your gears and hand over the rest to the porter, you will start the walk. Here, your guide will stop at the official checkpoint to register your ACAP (Annapurna Conservation Area Permit). Walking is a slow hike from here through a dirt road and stone paths, slowly gaining elevation as you pass through farming settlements like Sudame and Hile. After a couple of hours of climbing you will reach the stop of the day, Tikhedhunga.

Max Altitude	Trek Duration	Drive Duration	Meals
Tikhedhunga (1,540 m / 5,052ft)	2-3 hours	2-3 hours	Breakfast, Lunch & Dinner

Day 2: Trek from Tikhedhunga to Ghorepani (2,860m)

Hike of the day starts with crossing a suspension bridge and immediately face the infamous Ulleri stairs about 3000 steps of stone steps carved into the hillside to reach a large Magar villager offering the first glimpses of Annapurna south and Hiunchuli. Continuing walking the trail passes through the mesmerising vibrant Rhododendron and oak forest. Passing Nanggethanti you will reach Ghorepani, offering spectacular, panoramic views of the Dhaulagiri and Annapurna ranges.

Max Altitude	Trek Duration	Meals	
Ghorepani (2,860 m / 9,383ft)	5-6 hours	Breakfast, Lunch & Dinner	

Day 3: Early Morning Hike to Poon Hill, Trek to Tadapani (2,630m)

The day begins at dawn as you gear up with warm clothes, grabbing headlamps and you will start the hike. Ascending the steep climb through the zigzag route you walk to summit the poon hill. The route will be challenging and you will begin to feel your calves burning but as you ascend close to the top dawn begins to break, sky lights up to unveil the sun behind the high peaks when you reach the top.

Soaking in the panoramic views from the top you will descend back down to Ghorepani and collect your belongings to head down to Tadapani. The trail starts with a steady climb through dense, enchanting forests of oak and massive rhododendron trees up toward Deurali Pass. The path transitions into a steep, dramatic descent deep into the gorge, following a shaded path alongside rushing streams. The final stretch of the day takes you down to a river crossing before testing your legs with one last short, steep climb up the opposite ridge to the village of Tadapani.

Max Altitude	Trek Duration	Meals	
Poon Hill: (3,210 m/ 10,531ft)	6-7 hours	Breakfast, Lunch & Dinner	

Day 4: Trek from Tadapani to Bayli Kharka (3,450m)

Leaving Tadapani the path wrapped in a dense forest of rhododendron, oak, and moss-covered bamboo forests. Descending into deep, shaded paths, crossing clear mountain streams via wooden bridges, and climbing back up. Continuing to walk, Banthanti lies further north on the quieter ridge trail, serving as a peaceful resting point before you push higher toward Khopra Danda. From here, the route gradually ascends away from the busier main trails, guiding you toward the alpine pasture of Byali Kharka, a quiet overnight stop that sets you up perfectly for your push toward Khopra Danda.

Max Altitude	Trek Duration	Meals	
Bayli Kharka (3,450m/ 11,318ft)	5-7 hours	Breakfast, Lunch & Dinner	

Day 5: Trek from Bayli Kharka to Khopra Danda (3,670m)

Today leaving Bayli Kharka you will hike early, leaving the thick oak and rhododendron woods for high, green pastures. After a quick break at Chistibung, you push past the tree line into broad, wide alpine meadows, keeping your eyes open to spot wild Himalayan Tahr or colorful Danfe birds. Finally, reach Khopra Ridge for incredible, clear views of giant peaks and the massive gorge below.

Max Altitude	Trek Duration	Meals	
Khopra Danda (3,670 m / 12,040 ft)	5-6 hours	Breakfast, Lunch & Dinner	

Day 6: Rest Day or Optional Hike to Khayer Lake (4,660m)

Today you will get to rest and wash out the exhaustion. or optional you will have an option to climb the day hiking route to Khayer Lake. This is a deeply rewarding sacred alpine trekking experience. Khayer Lake is a high-altitude, holy lake that sits at approximately 4,660 meters (15,288 feet). The path ascends steadily along alpine ridges and rocky moraines. Because you are climbing a massive 1,000 meters in altitude from the ridge, a slow and steady pace is critical to avoid altitude sickness.

Max Altitude	Trek Duration	Meals	
Khayer Lake (4,660 m / 15,288 ft)	5-6 hour	Breakfast, Lunch & Dinner	

Day 7: Trek from Khopra Danda to Tadapani

The trail starts with a steep descent back down the open, grassy ridge line toward Chistibung. Once past Chistibung, you will plunge back into the dense, moss-draped rhododendron and oak forests. Continuing to walk passing through small clearings like Baili Kharka. You will cross several small streams and waterfalls along a peaceful, less-traveled trail before joining the main trekking route near Tadapani.

Altitude	Trek Duration	Meals	
Tadapani (2,630 m / 8,628 ft)	5-6 hours	Breakfast, Lunch & Dinner	

Day 8: Trek from Tadapani to Ghandruk (1,940m)

Right after breakfast, you will follow a short path winding down from Tadapani to Ghandruk. The trail cuts through deep, shady oak and blooming rhododendron woods full of running creeks and waterfalls. Walking down these stone steps for three hours can easily tire your knees, so trekking poles are highly recommended. You will arrive at the historic Gurung village of Ghandruk, leaving your entire afternoon completely free to explore old stone houses and enjoy wide-open mountain views.

Altitude	Trek Duration	Meals	
Ghandruk (1,940 m / 6,365 ft)	4-5 hours	Breakfast, Lunch & Dinner	

Day 9: Trek from Ghandruk to Birethanti, Drive to Pokhara

The last day of walking as you descend from Ghandruk to Birethanti. The trail takes you through scenic terraced farmland and small riverside villages along a gentle descent about 2 to 3 hours of walking, you will reach Birethanti, where your trekking officially ends. From there, a private vehicle will pick you up for a 2 to 2.5 hour drive back to Pokhara. For the rest of the afternoon you will have free time to explore the beautiful lake-side city of Pokhara.

Altitude	Trek Duration	Drive Duration	Meals
Pokhara (822m/ 2,697ft)	2-3 Hour	2-3 hours	Breakfast & Lunch

Day 10: Drive from Pokhara to Kathmandu

On the 10th day a scenic drive from Pokhara to Kathmandu will end your journey to Khopra Danda trek. You catch a bus along the Prithivi highway, passing terraced hillsides, rushing rivers, and local settlements.

Upon reaching Kathmandu in the evening, you will celebrate the completion of your adventure with a farewell dinner, where you will be presented with your official trek completion certificate for you to remember your incredible journey through the Annapurna region.

Altitude	Drive Duration	Meals	
Kathmandu (1,400m/ 4,600ft)	7-8 hours	Breakfast & Dinner	

